

# TREKKING TOUBKAL 04 DAYS

## WITH TOUBKAL ASCENT

### **DAY 1 / MARRAKECH/ ASNI / IMI OUGHLAD/ TIZI N'TACHT / ID AISSA**

Departure to Imi Oughlad.. Having crossed Asni, we arrive at Imi Oughlad (1357 m), start of our trek to the Tizi n'Tacht (2000m), where we shall stop for our picnic. After a relaxing break at the summit we will then set off for a slow hike of about three hours southwest down along mule tracks to the red clay village of Id Aissa Picnic during the trek. After a rest, we shall start the short descent to Tizi Ousse (1850m)

**Overnight and diner in a local house– Approx 04h30 walking**

### **DAY 2: ID AISSA / AZIB TAMSOULT**

After breakfast we will set off on an interesting three hour hike up along the Assif n'Ouissedene Valley, passing through almond groves and several Berber villages, through Id Aissa on to the hamlet of Tissi Ousse (1800m) and the Âazib Tamsoult (2250m), where we'll stop for our picnic. From here we recommend you hike a little further (approx. 1 hour) to the Tamsoult Cascade (2204m) before returning down to the Âazib Tamsoult and then climbing a short(ish) switchback path up to the Âazib Tizikert to save some of the altitude gain on day 3. It is at this tranquil, elevated spot that we stop for dinner and overnight camping above the Assif n'Ouarzane Valley.

**Overnight and diner in a camp– Approx 03h walking**

### **DAY 03: AZIB TAMSOULT/AGUELZIM PASS/ REFUGE TOUBKAL**

After breakfast, we set out eastwards on a moderately difficult hike up winding mule tracks to the Tizi Aguelzim (3,550m), thence a further 3 hours south-east to the Toubkal Refuge which marks the spring snowline at 3,207m, where we shall have our dinner in a Toubkal refuge.

**Overnight and diner in the refuge – Approx 05 h30**

### **DAY 04: REFUGE TOUBKAL / ASCENSION SOMMET TOUBKAL / AREMD / IMLIL / MARRAKECH**

Early in the morning we make our attempt on the summit of Jebel Toukbal, the highest peak in Northern Africa. Our route takes us up the south cirque, crossing the stream above the refuge. The walking is relatively straightforward, but the scree and the altitude will make the going quite difficult in parts. When you reach the summit you will see that the vistas across the surrounding landscape are quite breathtaking. We will retrace our steps when we return down the mountain and head back towards Imlil. Transfer back to Marrakech

**Approx 09 h walking**

# AZADEN VALLEY

## **DAY 1 / MARRAKECH/ ASNI / IMI OUGHLAD/ TIZI N'TACHT / TIZIANE**

Having crossed Asni, we we cross the village Imoughlad, 1450m, our mule track climbs rather gradually going through the forest of green and red juniper, We crossed the Tacht pass at 2000m , beautiful views of the surrounding mountains, especially the panoramic view of the peaks and the distant summits of sight, the region of Taroudant, Night under tent or in the cottage at the village Tiziane.

**Overnight and diner in a local house– Approx 04h30 walking**

## **DAY 02: TIZIANE / COL TEOUTI / TEKKENT**

We leave early to avoid the intense heat, through a ravine with a few walnut trees, we need to take enough water our ascent takes a gradual pace, come to pass, a bit Cade invites us to rest the neck of Teouti 2450m, then down to the little oasis of Assaka, then we go back another 100m to finally get to the fold of Assaka, our gigantic walnut shade for our lunch, the afternoon we cross the famous village Tizguin Tikkent, a large village at the end of the valley Tzgui, we will discover the traditional water mills and then footpath empreintons a nice pace of no slippers, a beautiful landscape of people in motion, working the fields for men and women earn the daily bread and food for the flock, a world away from Berber trace of civilization night near the sheep quietly listening to the sound of water.

**Overnight and diner in a local house– Approx 06h walking**

## **DAY 03: TEKKENT/ TOUGDAT PASS / AZIB TAMSOUT**

A very good step, mountain, discovery, beautiful scenery and panoramic views, our day starts with a rising peak Arrid, . . . ., a long tiring descent, but in the shade of old trees Cade, centenarians, we find water after 2 hours of descent, then our lunch from noon to board the river valley in the Azaden, mules are the grand tour, to avoid entry path 1:30 Rise and finally, our camp by the stream of Tamsout.

**Overnight and diner in a camp– Approx 05h walking**

## **DAY 04 : AZIB TAMSOUT / MEZIK / IMLIL/ MARRAKECH**

After breakfast, discover the small Ighoulidene's waterfall and continue to cross the Tizi 'n Mzik pass (2,500m). We Afterwards we shall follow a nice path, without any trouble, through a big dense juniper forest, in the shade, long descent towards Mezik then Imlil.

Transfer back to Marrakech

**Approx 04h30 walking**