## TREKKING IN THE HIGH ATLAS

If you dream of hiking along mule tracks through unspoilt landscapes and mud-brick villages, this trek is for you. You will stay with Berber families in their homes, whose mud bricks echo the colour of the surrounding rock – red, brown or grey – and sharing with them a glass or two of "Berber whisky" (mint tea). You will trek through sumptuous mountain scenery, surrounded by the highest peaks in the Atlas, and visit dramatic waterfalls before returning to the hustle and bustle of the Marrakech plain.

Prices vary for these customised treks, according to the number of days and number of participants. Here is a sample programme. Please contact us for a personalised quote and further information.

## DAY 1 / MARRAKECH / IMI OUGHLAD/ TIZI N'TACHT / ID AISSA (5h WALK)

Departure to Imi Oughlad. where we alight from our vehicle and meet up with our Berber muleteer crew, always a fun part of any of our treks. Once your luggage is loaded up we set off up in a northwesterly direction for a two hour acclimatization hike up switch back mule tracks to the Tizi n'Tacht (2000m), where we shall stop for our picnic and admire the surrounding valleys and peaks. After a relaxing break at the summit we will then set off for a slow hike of about three hours southwest down along mule tracks to the red clay village of Id Aissa for our dinner and night in local house...

## DAY 2: ID AISSA / AZIB TAMSOULT(4h 30 WALK)

After breakfast we will set off on an interesting three hour hike up along the Assif n'Ouissedene Valley, passing through almond groves and several Berber villages, through Id Aissa on to the hamlet of Tissi Oussem (1800m) and the Âazib Tamsoult (2250m), where we'll stop for our picnic. From here we recommend you hike a little further (approx. 1 hour) to the Tamsoult Cascade (2204m) before returning down to the Âazib Tamsoult and then climbing a short(ish) switchback path up to the Âazib Tizikert to save some of the altitude gain on day 3. It is at this tranquil, elevated spot that we stop for dinner and overnight camping above the Assif n'Ouarzane Valley.

## DAY 3: AZIB TAMSOULT (2250 m) / COL MEZZIK (1750 m) / IMLIL - MARRAKECH (4h 30 WALK 1h35 DRIVE).

After breakfast, Today's walk takes you to Tizi Mzik (2400m). We shall follow a nice path, without any trouble, through a big dense juniper forest, in the shade. You'll enjoy a picnic lunch resting and the beautiful landscape and peaks of Toubkal.

Long descent towards Mezik then Imlil, where ends our trek. Drive back to Marrakech.